

## INDEPENDENT LEARNING

*Interacting with learning materials, teachers, and peers.*

## REST TIME

*This peaceful time is important for children's emotional, mental, and physical health.*

## BREAKFAST AND LUNCH

*Children learn social skills and table manners through family-style dining.*

## SMALL-GROUP ACTIVITIES

*Teachers lead activities with small groups of children, targeting skills that they are ready to learn.*

## LARGE-GROUP ACTIVITIES

*Songs, stories, games, even dancing! The teacher leads the entire class in collaborative experiences.*

## SNACKS

*Healthy and nutritious snacks are provided between meals to nurture growing bodies.*

## STORY TIMES

*Teachers lead active and engaging story times throughout the day.*

## OUTSIDE TIME

*Children develop large-muscle and social skills through time spent exercising in fresh air.*

