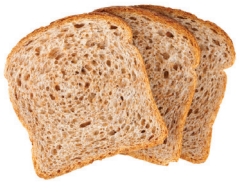
Keep kids entertained at the grocery store, or at home. Have them use this list to search for items as you shop, or do some pretend grocery shopping of their own around the house.

OR

Have your kids make up their own grocery list to take with you when you go shopping. They can use words or pictures or both to list their items.

GROW FIT™ GROCERY SCAVENGER HUNT!

- ☐ Broccoli
- ☐ Milk
- ☐  Bread
- ☐ Apple
- ☐ Yogurt
- ☐ Eggs
- ☐ Grapes
- ☐ Carrots
- ☐ Rice
- ☐ Cheese

GROW FIT™ GROCERY LIST!

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